

ROGAN DISHES

An aromatic dish of Persian origin, well spiced, cooked in butter, thick gravy, tomatoes & capsicum

Chicken Rogan	£8.50
Lamb Rogan	£8.75
Chicken Tikka Rogan	£9.75
Lamb Tikka Rogan	£9.95
Prawn Rogan	£8.50
King Prawn Rogan	£10.95
Vegetable Rogan	£7.95

BHUNA DISHES

A combination of a special blend of spices fried together to provide a dish of medium strength and a rather dry consistency as compared with curry

Chicken Bhuna	£8.25
Lamb Bhuna	£8.95
Chicken Tikka Bhuna	£9.75
Lamb Tikka Bhuna	£9.95
Prawn Bhuna	£8.25
King Prawn Bhuna	£10.25
Hash Bhuna (duck)	£10.25
Vegetable Bhuna	£7.25

CEYLON DISHES

All Ceylon dishes are madras hot

Chicken Ceylon	£7.95
Lamb Ceylon	£8.25
Chicken Tikka Ceylon	£8.95
Lamb Tikka Ceylon	£9.95
King Prawn Ceylon	£9.95
Prawn Ceylon	£7.95
Vegetable Ceylon	£7.25

DUPIAZA DISHES

A method of preparation similar to bhuna where onions are mixed with spices and fried briskly

Chicken Dupiaza	£8.25
Lamb Dupiaza	£8.95
Chicken Tikka Dupiaza	£9.75
Lamb Tikka Dupiaza	£9.95
Prawn Dupiaza	£8.25
King Prawn Dupiaza	£10.25
Hash Dupiaza (duck)	£10.25
Vegetable Dupiaza	£7.25

SPECIAL BANGLADESHI FISH

Thick sauce made with a variety of fresh herbs with onion, garlic, ginger, served with plain rice

Sylhety Fish Bhuna (medium)	£10.25
Sylhety Fish Jalfrezi (fairly hot)	£10.25
Sylhety Fish Lemon (medium)	£10.25
Sylhety Fish Aloo (fairly hot with potato)	£10.25
Salmon Fish Jalfrezi (fairly hot)	£12.95
Salmon Fish Bhuna (medium)	£12.95

KORAI DISHES

Korai dishes are medium, they are cooked with fresh tomatoes, onions, ginger, garlic and green capsicum, herbs and spices

Chicken Tikka Korai	£8.95
Lamb Tikka Korai	£9.25
King Prawn Tikka Korai	£10.25
Vegetable Korai	£7.25

SPECIAL VARIATIONS OF CURRY DISHES

Sag Lamb (medium with spinach)	£8.25
Sag Prawn (with spinach)	£8.25
Sag King Prawn (with spinach)	£10.25
Bombay Chicken (with egg)	£8.25
Chicken Kashmir (with banana)	£8.25
Chicken Malayan (with pineapple)	£8.25

VEGETABLE DISHES

Seasonal fresh vegetables cooked with various eastern herbs, spices and condiments

Mixed Vegetable Curry	£3.95
Mixed Vegetable Bhaji	£3.95
Mushroom Bhaji	£3.95
Bombay Aloo	£3.95
Mumbai Naga potato cooked with chilli naga sauce ...	£3.95
Sag Aloo	£4.25
Sag Bhaji	£3.95
Chana Massala chick peas	£3.95
Bhindi Bhaji	£3.95
Brinjal Bhaji	£3.95
Tarka Dhall	£3.95
Dall Samber lentil, hot, sweet, sour	£3.95
Onion Bhaji	£3.50
Cauliflower Bhaji	£3.95
Aloo Gobi	£3.95
Motor Ponir peas cooked with creamy cheese	£4.25
Sag Ponir spinach cooked with creamy cheese	£4.25

RICE DISHES

Plain Rice (boiled)	£2.65
Pilau Rice (aromatic basmati rice)	£2.75
Special Fried Rice (egg & peas)	£2.95
Mushroom Pilau	£2.95
Vegetable Rice	£2.95
Onion Fried Rice	£2.95
Red Fried Rice (red onion, red peppers & tomato)	£2.95
Keema Rice	£3.55
Chicken Fried Rice	£3.55
Kasmiri Rice (apple, sultanas, coconut & pineapple) ...	£3.95
Lemon Fried Rice	£3.55
Coconut Fried Rice	£3.55

SUNDRIES

Plain Nan	£2.35
Preshwari Nan	£2.75
Garlic Nan	£2.75
Keema Nan	£2.75
Chicken Tikka Nan	£2.75
Onion Nan	£2.75
Kulcha Nan	£2.75
Donia & Garlic Nan	£2.75
Paratha	£2.75
Stuffed Paratha	£3.75
Egg Paratha	£3.75
Roti	£2.30
Chapati	£1.35
Papadom	£0.80
Spiced Papadom	£0.90
Raita (Cucumber or Onion)	£1.90
Yogurt	£1.90
Pickles	£1.00
Chips	£2.45

SPECIAL SIDE DISHES

Niramish	£4.25
(Exotic vegetable, green pepper & tomato)	
Sabji Panchmel	£4.25
(Mixed Indian vegetable including red pepper & mushroom, onions & tomato)	
Special Garlic Vegetable (Cooked with olive oil) ...	£4.25
Palak Aloo Methi	£4.25
(Fresh green spinach cooked with potato & fenugreek)	
Paneer Matar Jalfrezi	£4.25
(Indian cheese with peas & potato)	
Shahi Broccoli	£4.25
(Florets of broccoli cooked a medium spice)	

OUR SPECIAL RECOMMENDATION

SET MEAL FOR ONE PERSON

1 Papadum, 1 Chicken Tikka (st),
1 Chicken Bhuna, 1 Vegetable Curry, Pilau Rice, Nan
Dessert: Lychee
£15.95

SET MEAL FOR TWO PERSONS

2 Papadums, 1 Shami Kebab (st), 1 Chicken Tikka (st)
1 Chicken Bhuna, 1 Chicken Kurma, 1 Vegetable Curry
1 Bombay Aloo, 2 Pilau Rice, 1 Nan
Dessert: Lychee
£27.95

SET MEAL FOR THREE PERSONS

3 Papadums, 1 Chicken Tikka (st),
1 Shami Kebab (st), 1 Onion Bhaji (st)
1 Chicken Bhuna, 1 Lamb Tikka Massala, 1 Prawn Curry,
1 Bombay Potato, 1 Vegetable Curry, 1 Mushroom Bhaji,
3 Pilau Rice, 2 Nan
Dessert: Lychee
£44.95

SET MEAL FOR FOUR PERSONS

4 Papadums, 1 Chicken Tikka (st), 1 Shami Kebab (st)
1 Vegetable Samosa (st), 1 Onion Bhaji (st)
1 Chicken Bhuna, 1 Lamb Tikka Massala, 1 Chicken Tikka Jalfrezi
1 Prawn Curry, 1 vegetable Curry, 1 Bombay Aloo,
1 Mushroom Bhaji, 1 Chana Massala (chick peas),
2 Pilau Rice, 2 Nan
Dessert: Lychee
£55.95

NO DISCOUNT FOR SET MEALS

EVERY SUNDAY SPECIAL BUFFETS

Dining in only
Lunch and Evening
Children under Eleven

Due to current distancing requirements
our buffet is a 5 course set meal for £12.95
12 noon to 2.00pm and 5.30pm to 10.00pm

MONDAY TO THURSDAY

Special 5 course Set Meal

Choice of starter, main dish, side dish and dessert.
(offer applies to dining in customers only)

Service charge at your discretion, free containers are provided. All prices are inclusive of VAT.

The management reserve the right to refuse service if anyone behaves disorderly, and put a service charge on as well as a cover charge on a bill in appropriate cases.

Major credit cards accepted.

If you would prefer to order something that does not appear on our menu, please let us know, our chef may cook dishes specially for you.

The management reserve the right to change prices without prior notice.

Any error made with orders must be notified to the management within 2 hours.

A charge of 50p will be applied to all credit/debit card payments under £10

Minimum order £10

Visit our website for more amazing offers



Est 1992

Bekash Tandoori
Restaurant

Take Away Menu

Free Delivery

Within a 3 mile radius, minimum order £15

15% Discount

On takeaways, if collected, discount applies when spending £15 or more

Opening Hours

Open 7 days a week

5.00pm to 11pm

Sun Lunch Time 12 noon to 2pm

Sunday Buffet

To comply with distancing rules our famous Sunday buffet is a 5 course set meal for £12.95 for the time being

Lunch time 12noon till 2pm

Evening time 5.00pm till late

Our meals come in microwave oven plastic food containers with lids

You can book a table online at:-

Info@bekash.co.uk

Free Parking Available

Telephone:

(01473) 744716

(01473) 741121

After hours 07940 048620

www.bekash.co.uk

www.facebook.com/bekash92

www.twitter.com/bekash92

10 MEREDITH ROAD, IPSWICH

Off Norwich Road (next to Aldi)



FREE DELIVERY within 3 miles
Over 3 miles £2 charge
We deliver to: IPSWICH, BRAMFORD,
CLAYDON, GT.BLAKENHAM,
LT.BLAKENHAM,SOMERSHAM,
TUDDENHAM, WESTERFIELD,
BURHAM, HENLEY and BAYLAM
Minimum order £15.00
A delivery charge will be added if the
Order is less than £15

Specialist in authentic Bangladeshi
Indian food for all occasions and
functions. Probably the most exclusive
Restaurant in East Anglia



STARTERS

Mixed Starter	£5.25
Tandoori Chicken	£3.50
Chicken Tikka	£3.50
Chicken Tikka Pakura	£3.75
Lamb Tikka	£3.95
Chicken Tikka Satay	£4.25
Hash Tikka (duck)	£5.95
Garlic Chicken Tikka	£4.25
Sarga Chicken or Lamb	£5.25
Shamee Kebab	£3.50
Sheek kebab	£3.50
Reshmi Kebab	£4.50
Chicken Tikka on Puree	£4.75
Bekash Meat Sizzler (for two persons)	£8.95
Chicken Chatt	£3.95
Potato Chatt	£2.95
Tandoori King Prawn	£5.25
King Prawn Butterfly	£5.25
King Prawn Puree	£4.95
Prawn Puree	£4.55
Prawn Cocktail	£3.50
Onion Bhaji	£3.25
Lamb or Vegetable Samosa	£3.25
Bekash Vegetable Sizzler (for two persons)	£6.95
Satay Chilli Ponir	£4.95
Ponir Tikka (Indian grilled cheese)	£4.95
Fish Kebab (grilled tilapia fish)	£5.25
Salmon Fish Tikka (grilled fish)	£6.50
Mallagutwani or Lentil Soup	£3.95

TANDOORI SPECIALTIES

Traditional and oriental method of barbecuing and baking over flaming charcoal on skewers individually marinated in sauce with delicate herbs and different mixes of spices for a few hours before being cooked

Tandoori Chicken (2 pieces) on the bone	£6.95
Chicken Tikka	£6.95
Lamb Tikka	£7.25
Hash Tikka (duck)	£9.95
Chicken or Lamb Shashlik	£9.95
Special Mixed Shashlik	£10.95
Tandoori Mixed Grill	£10.95
Tandoori King Prawn	£10.95
Special Garlic Chicken Tikka	£7.95
Special Hash (duck) Shashlik	£10.95
Ponir Tikka	£7.95
Ponir Shashlik	£8.25

PESHWARI DISHES

Marinated chicken or lamb, simmered in thick sauce of coconut desiccated powder, fresh blended mixed fruit sweetener, sultanas & nuts (mild dish)

Chicken Tikka Peshwari	£8.95
King Prawn Tikka Peshwari	£10.95
Prawn Peshwari	£8.95
Vegetable Peshwari	£7.95

ENGLISH DISHES

Served with chips and salad

Fried Chicken	£7.95
Chicken Omelette	£7.95
Mushroom Omelette	£7.95
Fried Scampi	£7.95
Prawn Omelette	£7.95
Chicken Nuggets	£7.95
Cod & Chips	£7.95
Scampi & Chips	£7.95

BEKASH CHEF'S SPECIALTIES

North Indian Garlic Chicken	£8.95
freshly cooked with garlic, ginger, green chillies & plum tomatoes, f/hot	
Garlic Chicken (medium)	£8.95
Special Chicken Tikka Sali	£8.95
medium dish with french fry-medium	
Chicken Tikka Moricha	£8.95
diced chicken pieces cooked with shallot onion, green chillies & a mixture of spices (hot)	
Lamb Tikka Moricha	£9.95
diced lamb pieces cooked with shallot onion, green chillies & a mixture of spices (hot)	
Chicken Tikka Rezalla	£8.95
chicken tikka cooked with freshly blended mixed spices & lamb mince	
Special Murgi Massala (medium)	£8.95
tandoori chicken (off the bone) cooked with mince lamb, home made spices with boiled egg	
Chicken Tikka Naga	£8.95
Mixed spice and jumbo hot chilli pickle with potato very hot	
Lamb Tikka Naga	£9.95
Mixed spice and jumbo hot chilli pickle with potato very hot	
Chicken Tikka Shatkora	£8.95
Cooked with highly flavoured Bangladeshi citrus fruit, mixed curry powder and a variety of fresh coriander & mixed spices - medium	
Lamb Tikka Shatkora	£9.95
Cooked with highly flavoured Bangladeshi citrus fruit, mixed curry powder and a variety of fresh coriander & mixed spices - medium	
Chicken Tikka Jalapino	£8.95
Cooked with ginger, garlic, freshly blended spices with Turkish chilli and fresh coriander (medium)	
Chicken Tikka Angara	£8.95
Boneless chicken marinated in yogurt sauce, ginger, lemon and cooked with freshly ground spices	
Chicken Shashlik Bhuna	£10.95

CONTEMPORARY CUISINE

Chicken Tikka Zilzila	£8.95
Pieces of chicken cooked with a variety of fresh spices herbs, mustard paste, cubed onions, mixed peppers, green chillies & fresh coriander with whole tempered mustard (fairly hot)	
Chicken Tikka Bakhara	£8.95
Lamb Tikka Bakhara	£9.95
Cooked with mixed spices, dry fenugreek, tamarind and fresh coriander (medium)	
Chicken Shagorana	£10.95
Whole breast of chicken filled with savoury lamb mince and spinach, served with salad (medium)	
Lamb Tikka Xacuti	£9.95
Cooked with ginger, garlic, tamarind, roast cumin & mixed spices, served in whole roast green paper (medium)	
Lamb Shakoti	£9.95
Cooked with shakoti sauce, desiccated coconut, ginger, garlic & blended garam massala, heavily spiced (medium hot)	
Chicken Tikka Achari	£8.95
Lamb Tikka Achari	£9.95
South Indian original dish, cooked with onion base sauce, freshly blended variety of spices, touch of mango and blended mixed pickles sauce (medium)	

JALFREZI DISHES

Onion, green pepper, fresh chillies, fresh garlic, ginger Cooked in a thick spicy hot sauce (hot)

Chicken Tikka Jalfrezi	£8.95
Lamb Tikka Jalfrezi	£9.95
King Prawn Tikka Jalfrezi	£10.95
Prawn Jalfrezi	£8.95
Vegetable Jalfrezi	£7.25

HOUSE SPECIALS - MILD DISHES

Chicken Tikka Massala (mild)	£8.95
mild, home made special sauce with fresh cream & coconut	
Lamb Tikka Massala (mild)	£9.95
mild, home made special sauce with fresh cream & coconut	
King Prawn Tikka Massala (mild)	£10.95
mild, home made special sauce with fresh cream & coconut	
Chicken Tikka Passanda	£8.95
(Passanda dishes are marinated in light spices and cooked in a very mild sauce)	
Lamb Tikka Passanda	£9.95
(Passanda dishes are marinated in light spices and cooked in a very mild sauce)	
Chicken Tikka Butter	£8.95
Chicken Tikka Makoni	£8.95
Mild dish cooked with onions, almonds, coconut, sultanas & flake almonds with fresh cream	
Chicken Tikka Delight	£8.95
Mild dish cooked with onions, almonds, coconut, sultanas & flake almonds with fresh cream	
Everest Chicken	£8.95
Cubes of chicken breast in the clay oven with black pepper, Himalayan black salt, fenugreek, Garlic and ginger cooked with yogurt, butter and fresh cream	

BEKASH DISTINGUISHING DISHES

Special Ducks Mirch	£10.95
Cooked with garlic, green peppers, onion, tomato and green Chilli	
Gulapi Tikka Chicken	£8.95
Sweet and chilli chicken morsels cooked with yogurt, vinegar, garlic and ginger	
Silsila Tikka Chicken	£8.95
Chicken baked in a tandoori oven and then pan fried with capsicum, garlic, onions, vinegar & chilli	
Chicken Tikka Jalmassala	£8.95
Lamb Tikka Jalmassala	£9.95
Tender strips of chicken or lamb marinated in our specially preferred yogurt sauce, pan fried with onions, green chillies and capsicum, served dry	
King Prawn Rajastani	£10.95
King prawn cooked with minced lamb in a lightly spiced medium sauce with garlic, onions & coriander	
Sylhety Donna Special	£8.95
Mixed chicken and lamb tikka cooked with fresh herbs and spices, thick sauce with coriander, medium dish	

SPECIAL CHILLI

These dishes are cooked in fresh chilli, onion, green pepper, herbs and spices (hot)

Chicken Tikka Chilli	£8.95
Lamb Tikka Chilli	£9.95
Tandoori Chicken Chilli	£8.95
Tandoori King Prawn Chilli	£10.95
Vegetable Chilli	£7.25

BEKASH SPECIAL BALTI

An authentic recipe, a blend of natural herbs & spices, served with nan bread

Chicken Balti	£9.95
Lamb Balti	£10.95
Chicken Tikka Balti	£11.75
Lamb Tikka Balti	£12.50
King Prawn Tikka Balti	£11.95
King Prawn Balti	£10.95
Prawn Balti	£9.95

NEW BALTI DISHES

Served with nan

Chicken Tikka Balti Massala	£10.95
Lamb Tikka Balti Massala	£12.50
Chicken Tikka Balti Jalfrezi	£10.95
Chicken Tikka Balti Dhansak	£10.95
Lamb Tikka Balti Dhansak	£12.50
Vegetable Tikka Balti Massala	£8.95

CURRY DISHES

A sauce of medium consistency, a basic but wide range of oriental spices giving a rich flavour

Chicken Curry	£6.95
Lamb Curry	£7.95
Chicken Tikka Curry	£8.25
Lamb Tikka Curry	£8.95
Hash Curry (duck)	£9.95
King Prawn Curry	£8.95
Prawn Curry	£7.25
Vegetable Curry	£5.95
Keema Curry	£7.95

BIRYANI DISHES

A Biryani is made by gently cooking with a special flavour of basmati rice, together with a mixture of mild spices served with a special veg curry sauce

Bekash Special Biryani	£11.95
Chicken Biryani	£9.95
Lamb Biryani	£10.95
Chicken Tikka Biryani	£11.95
Lamb Tikka Biryani	£12.95
Prawn Biryani	£9.95
King Prawn Biryani	£10.95
Chicken & Prawn Biryani	£11.95
Vegetable Biryani	£7.95

MADRAS DISHES

A south Indian version of the dishes found in central and eastern India, having a greater proportion of garam spices, which lend a fiery taste to its richness

Chicken Madras	£7.25
Lamb Madras	£8.50
Chicken Tikka Madras	£8.75
Lamb Tikka Madras	£8.95
Prawn Madras	£7.95
King Prawn Madras	£8.95
Hash Madras (duck)	£9.95
Vegetable Madras	£6.95

VINDALOO DISHES

Related to the madras but involving a greater use of garlic, tomato, ginger and black pepper. It owes its name and in part its contents to the early Portuguese settlers

Chicken Vindaloo	£8.25
Lamb Vindaloo	£8.95
Chicken Tikka Vindaloo	£9.25
Lamb Tikka Vindaloo	£9.95
Prawn Vindaloo	£8.25
King Prawn Vindaloo	£9.95
Hash Vindaloo (duck)	£10.95
Vegetable Vindaloo	£7.25

TASTE OF PERSIA DHANSAK I PATHIA

Sweet & sour with a hint of citrus & chilli powder. Dhansak is cooked with lentil - pathia without, served with pilau rice

Chicken Dhansak/Pathia	£10.95
Lamb Dhansak/Pathia	£11.95
Chicken Tikka Dhansak/Pathia	£12.75
Lamb Tikka Dhansak/Pathia	£12.95
Prawn Dhansak/Pathia	£10.95
King Prawn Dhansak/Pathia	£12.95
Hash Dhansak/Pathia (duck)	£11.95
Vegetable Dhansak/Pathia	£8.95

KORMA DISHES

A preparation of mild spices in which cream is used to create its delicacy of flavour and creamy texture

Chicken Korma	£7.95
Lamb Korma	£8.25
Chicken Tikka Korma	£8.75
Lamb Tikka Korma	£8.95
Prawn Korma	£7.95
King Prawn Korma	£9.95
Hash Korma (duck)	£10.95
Vegetable Korma	£6.95