

## ROGAN DISHES

An aromatic dish of persian origin, well spiced, cooked in butter, thick gravy, tomatoes & capsicum

Chicken or Lamb Rogan .....	£7.95
Chicken or Lamb Tikka Rogan .....	£8.95
Prawn Rogan .....	£7.95
King Prawn Rogan .....	£10.95
Vegetable Rogan .....	£6.95

## BHUNA DISHES

A combination of a special blend of spices fried together to provide a dish of medium strength and a rather dry consistency as compared with curry

Chicken or Lamb Bhuna .....	£7.95
Chicken or Lamb Tikka Bhuna .....	£8.95
Prawn Bhuna .....	£7.95
King Prawn Bhuna .....	£9.95
Hash Bhuna (duck) .....	£9.95
Vegetable Bhuna .....	£6.95

## CEYLON DISHES

All Ceylon dishes are madras hot

Chicken or Lamb Ceylon .....	£7.95
Chicken or Lamb Tikka Ceylon .....	£8.95
King Prawn Ceylon .....	£9.95
Prawn Ceylon .....	£7.95
Vegetable Ceylon .....	£6.95

## DUPIAZA DISHES

A method of preparation similar to bhuna where onions are mixed with spices and fried briskly

Chicken or Lamb Dupiaza .....	£7.95
Chicken or Lamb Tikka Dupiaza .....	£8.95
Prawn Dupiaza .....	£7.95
King Prawn Dupiaza .....	£9.95
Hash Dupiaza (duck) .....	£9.95
Vegetable Dupiaza .....	£6.95

## SPECIAL BANGLADESHI FISH

Thick sauce made with a variety of fresh herbs with onion, garlic, ginger, served with plain rice

Sylhety Fish Bhuna (medium) .....	£9.75
Sylhety Fish Jalfrezi (medium, hot) .....	£9.75
Sylhety Fish Lemon (medium) .....	£9.75
Sylhety Fish Aloo (fairly hot with potato) .....	£9.75

## KORAI DISHES

Korai dishes are medium, they are cooked with fresh tomatoes, onions, ginger, garlic and green capsicum, herbs and spices

Chicken or Lamb Korai .....	£7.95
Chicken or Lamb Tikka Korai .....	£8.95
King Prawn Korai .....	£9.95
Vegetable Korai .....	£6.95

## SPECIAL VARIATIONS OF CURRY DISHES

Sag Lamb (medium with spinach) .....	£7.95
Sag Prawn (with spinach) .....	£7.95
Sag King Prawn (with spinach) .....	£9.95
Bombay Chicken (with egg) .....	£7.95
Chicken Kashmir (with banana) .....	£7.95
Chicken Malayan (with pineapple) .....	£7.95

## VEGETABLE DISHES

Seasonal fresh vegetables cooked with various eastern herbs, spices and condiments

Mixed Vegetable Curry .....	£3.75
Mixed Vegetable Bhaji .....	£3.75
Mushroom Bhaji .....	£3.75
Bombay Aloo .....	£3.75
Mumbai Naga potato cooked with chilli naga sauce .....	£3.95
Sag Aloo .....	£3.75
Sag Bhaji .....	£3.75
Chana Massala chick peas .....	£3.75
Bhindi Bhaji .....	£3.75
Brinjal Bhaji .....	£3.75
Tarka Dhall .....	£3.75
Dall Samber lentil, hot, sweet, sour .....	£3.95
Onion Bhaji .....	£3.25
Cauliflower Bhaji .....	£3.75
Aloo Gobi .....	£3.75
Motor Ponir peas cooked with creamy cheese .....	£3.95
Sag Ponir spinach cooked with creamy cheese .....	£3.95

## RICE DISHES

Plain Rice (boiled) .....	£2.55
Pilau Rice (aromatic basmati rice) .....	£2.70
Special Fried Rice (egg & peas) .....	£2.95
Mushroom Pilau .....	£2.95
Vegetable Rice .....	£2.95
Onion Fried Rice .....	£2.95
Red Fried Rice (red onion, red peppers & tomato) .....	£2.95
Keema Rice .....	£3.55
Chicken Fried Rice .....	£3.55
Kasmiri Rice (apple, sultanas & coconut) .....	£3.95
Lemon Fried Rice .....	£3.55
Coconut Fried Rice .....	£3.55

## SUNDRIES

Plain Nan .....	£2.35
Preshwari Nan .....	£2.75
Garlic Nan .....	£2.75
Keema Nan .....	£2.75
Onion Nan .....	£2.75
Kulcha Nan .....	£2.75
Donia & Garlic Nan .....	£2.75
Paratha .....	£2.75
Stuffed Paratha .....	£3.75
Egg Paratha .....	£3.75
Roti .....	£2.30
Chapati .....	£1.35
Papadom .....	£0.80
Spiced Papadom .....	£0.90
Raita (Cucumber or Onion) .....	£1.90
Yogurt .....	£1.90
Pickles .....	£0.90
Chips .....	£2.25

## SPECIAL SIDE DISHES

Niramish (Exotic vegetable, green pepper & tomato) .....	£3.95
Sabji Panchmel .....	£3.95
(Mixed Indian vegetable including red pepper & mushroom, onions & tomato)	
Special Garlic Vegetable (Cooked with olive oil) .....	£3.95
Palak Aloo Methi .....	£3.95
(Fresh green spinach cooked with potato & fenugreek)	
Paneer Matar Jalfrezi .....	£3.95
(Home made cottage cheese with peas & potato)	
Shahi Broccoli .....	£3.95
(Florets of broccoli cooked a medium spice)	

## OUR SPECIAL RECOMMENDATION

### SET MEAL FOR ONE PERSON

1 Papadum, 1 Tandoori Chicken (st),  
1 Chicken Bhuna, 1 Vegetable Curry, Pilau Rice, Nan  
Dessert: Lychee/Ice Cream

£15.95

### SET MEAL FOR TWO PERSONS

2 Papadums, 1 Shami Kebab (st), 1 Tandoori Chicken (st)  
1 Chicken Bhuna, 1 Chicken Kurma, 1 Vegetable Curry  
1 Bombay Aloo, 2 Pilau Rice, 1 Nan  
Dessert: Lychee/Ice Cream

£27.95

### SET MEAL FOR THREE PERSONS

3 Papadums, 3 Tandoori Chicken (st),  
1 Shami Kebab (st), 1 Onion Bhaji (st)  
1 Chicken Bhuna, 1 Lamb Tikka Massala, 1 Prawn Curry,  
1 Bombay Potato, 1 Vegetable Curry, 1 Mushroom Bhaji,  
3 Pilau Rice, 2 Nan  
Dessert: Lychee/Ice Cream

£44.95

### SET MEAL FOR FOUR PERSONS

4 Papadums, 1 Tandoori Chicken (st), 1 Shami Kebab (st)  
1 Vegetable Samosa (st), 1 Onion Bhaji (st)  
1 Chicken Bhuna, 1 Lamb Tikka Massala, 1 Chicken Tikka Jalfrezi  
1 Prawn Curry, 1 vegetable Curry, 1 Bombay Aloo,  
1 Mushroom Bhaji, 1 Chana Massala (chick peas),  
2 Pilau Rice, 2 Nan  
Dessert: Lychee/Ice Cream

£55.95

### NO DISCOUNT FOR SET MEALS

## EVERY SUNDAY SPECIAL BUFFETS

Lunch and Evening  
Children under Eleven

Eat as much as you like, 12 noon to 2.00pm and 5.30pm to 10.00pm  
Restaurant open until 11pm

## MONDAY TO THURSDAY

Special 5 course Set Meal

Choice of starter, main dish, side dish and dessert.  
(offer applies to dining in customers only)

Service charge at your discretion, free containers are provided. All prices are inclusive of VAT.

The management reserve the right to refuse service if anyone behaves disorderly, and put a service charge on as well as a cover charge on a bill in appropriate cases.

Cheque's accepted with a valid bankers card.

Major credit cards accepted.

If you would prefer to order something that does not appear on our menu, please let us know, our chef may cook dishes specially for you.

The management reserve the right to change prices without prior notice.

Any error made with orders must be notified to the management within 2 hours.

A charge of 50p will be applied to all credit/debit card payments under £10

Visit our website for more amazing offers



Est 1992

*Bekash Tandoori*  
*Restaurant*

## Take Away Menu

### Free Delivery

Within a 3 mile radius, minimum order £15

### 20% Discount

On takeaways, if collected, discount applies when spending £8 of more

### Opening Hours

Open 7 days a week

Sunday-Wednesday 5.30pm to 11pm

Thurs 5.30pm to 11.30pm

Friday & Saturday 5.30pm 11.30pm

Sat & Sun Lunch Time 12 noon to 2pm

## Sunday Buffet

Lunch time 12noon till 2pm

Evening time 5.30pm till late

Our meals come in microwave oven plastic food containers with lids

You can book a table online at:-

Info@bekash.co.uk

Free Parking Available

Telephone:

**(01473) 744716**

**(01473) 741121**

www.bekash.co.uk

www.facebook.com/bekash92

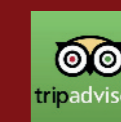
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10 MEREDITH ROAD, IPSWICH  
Off Norwich Road (next to Aldi)

FREE DELIVERY within 3 miles  
We deliver to: IPSWICH, BRAMFORD,  
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BURHAM, HENLEY and BAYLAM  
Minimum order £15.00  
A delivery charge will be added if the  
Order is less than £15



Specialist in authentic Bangladeshi  
& Indian food for all occasions and  
functions. Probably the most  
exclusive Restaurant in East Anglia





## STARTERS

Mixed Starter .....	£4.95
Tandoori Chicken .....	£3.25
Chicken or Lamb Tikka .....	£3.25
Chicken Chatt .....	£3.95
Chicken Butterfly .....	£4.25
Tandoori Lamb Chops .....	£5.95
Tandoori King Prawn .....	£4.95
King Prawn Butterfly .....	£4.95
Sarga Chicken or Lamb .....	£4.95
Garlic Chicken Tikka .....	£3.95
Shamee Kebab .....	£3.25
Sheek kebab .....	£3.25
Reshmi Kebab .....	£4.25
Onion Bhaji .....	£2.95
Lamb or Vegetable Samosa .....	£2.95
Hash Tikka .....	£5.25
Chicken Tikka on Puree .....	£4.25
King Prawn Puree .....	£4.75
Prawn Cocktail .....	£2.95
Bekash Meat Sizzler (for two persons) .....	£7.95
Bekash Vegetable Sizzler (for two persons) .....	£6.95
Satay Chilli Ponir .....	£4.95
Fish Kebab grilled fish .....	£4.95

## TANDOORI SPECIALTIES

Traditional and oriental method of barbecuing and baking over flaming charcoal on skewers individually marinated in sauce with delicate herbs and different mixes of spices for a few hours before being cooked

Tandoori Chicken (2 pieces) on the bone .....	£6.75
Chicken or Lamb Tikka .....	£6.75
Hash Tikka (duck) .....	£8.95
Chicken or Lamb Shashlik .....	£8.95
Special Mixed Shashlik .....	£9.95
Tandoori Mixed Grill .....	£9.95
Tandoori King Prawn .....	£10.95
Special Garlic Chicken Tikka .....	£6.95
Special Hash (duck) Shashlik .....	£9.95
Tandoori Lamb Chops .....	£11.95

## PESHWARI DISHES

Marinated chicken or lamb, simmered in thick sauce of coconut desiccated powder, fresh blended mixed fruit sweetener, sultanas & nuts (mild dish)

Chicken or Lamb Tikka Peshwari .....	£7.95
King Prawn Tikka Peshwari .....	£8.95
Prawn Peshwari .....	£7.95
Vegetable Peshwari .....	£6.95

**Customer Notice:** Some of our dishes may contain nuts or other allergic reaction ingredients. If you suffer from any allergies please let a member of staff know

## BEKASH CHEF'S SPECIALTIES

North Indian Garlic Chicken .....	£7.95
freshly cooked with garlic, ginger, green chillies & plum tomatoes, f/hot	
Special Chicken Tikka Sali .....	£7.95
medium dish with french fry-medium	
Chicken or Lamb Mustard Seedwala .....	£7.95
pieces of chicken or lamb cooked over tandoori oven, finished with roast mustard seed and mustard paste	
Chicken or Lamb Moricha .....	£7.95
diced chicken or lamb pieces cooked with shallot onion, green chillies & a mixture of spices (hot)	
Chicken Tikka Rezalla .....	£7.95
chicken tikka cooked with freshly blended mixed spices & lamb mince	
Special Murgi Massala (medium) .....	£7.95
tandoori chicken (off the bone) cooked with mince lamb, home made spices with boiled egg	
Chicken or Lamb Tikka Naga .....	£7.95
Mixed spice and jumbo hot chilli pickle with potato very hot	
Chicken or Lamb Tikka Shatkora .....	£7.95
Cooked with highly flavoured Bangladeshi citrus fruit, mixed curry powder and a variety of fresh coriander & mixed spices - medium	
Chicken Jalapino .....	£7.95
Cooked with ginger, garlic, freshly blended spices with Turkish chilli and fresh coriander (medium)	
Chicken or Lamb Tikka Methi Hara .....	£7.95
Tender pieces of chicken or lamb cooked with fenugreek and freshly ground spices	
Chicken Tikka Angara .....	£7.95
Boneless chicken marinated in yogurt sauce, ginger, lemon and cooked with freshly ground spices	
Adraki Lamb Chops .....	£9.95
Lamb chops marinated in yogurt and ground spices, medium hot	
Chicken Shashlik Bhuna .....	£9.95

## CONTEMPORARY CUISINE

Chicken Zilzila .....	£7.95
Pieces of chicken cooked with a variety of fresh spices herbes, mustard paste, cubed onions, mixed peppers, green chillies & fresh coriander with whole tempered mustard (fairly hot)	
Chicken or Lamb Bakhara .....	£7.95
Cooked with mixed spices, dry fenugreek, tamarind and fresh coriander (medium)	
Chicken Shagorana .....	£9.95
Whole breast of chicken filled with savoury lamb mince and spinach, served with salad (medium)	
Chicken or Lamb Xacuti .....	£7.95
Cooked with ginger, garlic, tamarind, roast cumin & mixed spices, served in whole roast green paper (medium)	
Chicken or Lamb Shakoti .....	£7.95
Cooked with shakoti sauce, desiccated coconut, ginger, garlic & blended garam massala, heavily spiced (medium hot)	
Chicken or Lamb Achari .....	£7.95
South Indian original dish, cooked with onion base sauce, freshly blended variety of spices, touch of mango and blended mixed pickles sauce (medium)	

## JALFREZI DISHES

Onion, green pepper, fresh chillies, fresh garlic, ginger Cooked in a thick spicy hot sauce (hot)	
Chicken or Lamb Tikka Jalfrezi .....	£7.95
King Prawn Tikka Jalfrezi .....	£8.95
Prawn Jalfrezi .....	£7.95
Vegetable Jalfrezi .....	£6.95

## HOUSE SPECIALS - MILD DISHES

Cooked with almond, coconut, sultanas and cream individually spiced for each dish

Chicken or Lamb Tikka Massala (mild) .....	£7.95
King Prawn Tikka Massala (mild) .....	£9.95
Chicken or Lamb Passanda (Passanda dishes are marinated in light spices and cooked in a very mild sauce) ..	£7.95
Chicken or Lamb Tikka Butter .....	£7.95
Chicken Tikka Makoni .....	£7.95
Mild dish cooked with onions, almonds, coconut, sultanas & flake almonds with fresh cream	
Chicken Tikka Delight .....	£7.95
Mild dish cooked with onions, almonds, coconut, sultanas & flake almonds with fresh cream	
Chicken Tikka Amm .....	£7.95
Mild dish cooked with onions, almonds, coconut, sultanas & flake almonds with fresh cream	
Everest Chicken.....	£7.95
Cubes of chicken breast in the clay oven with black pepper, Himalayan black salt, fenugreek, Garlic and ginger cooked with yogurt, butter and fresh cream	

## BEKASH DISTINGUISHING DISHES

Special Ducks Mirch .....	£9.95
Cooked with garlic, green peppers, onion, tomato and green Chilli	
Braised Lamb and Turnip .....	£7.95
Cooked with saveed spinach, saffron, fennel	
Gulapi Chicken .....	£7.95
Sweet and chilli chicken morsels cooked with yogurt, vinegar, garlic and ginger	
Silsila Chicken .....	£7.95
Chicken baked in a tandoori oven and then pan fried with capsicum, garlic, onions, vinegar & chilli	
Chicken or Lamb Jalmassala .....	£7.95
Tender strips of chicken or lamb marinated in our specially preferred yogurt sauce, pan fried with onions, green chillies and capsicum, served dry	
King Prawn Rajastani .....	£9.95
King prawn cooked with minced lamb in a lightly spiced medium sauce with garlic, onions & coriander	
Sylhety Donnia .....	£7.95
Mixed chicken and lamb tikka cooked with fresh herbs and spices, thick sauce with coriander, medium dish	

## SPECIAL CHILLI

These dishes are cooked in fresh chilli, onion, green pepper, herbs and spices (hot)

Chicken or Lamb Tikka Chilli .....	£7.95
Tandoori Chicken Chilli .....	£7.95
Tandoori King Prawn Chilli .....	£8.95
Vegetable Chilli .....	£6.95

## BEKASH SPECIAL BALTI

An authentic recipe, a blend of natural herbs & spices, served with nan bread

Chicken or Lamb Balti .....	£8.75
Chicken or Lamb Tikka Balti .....	£8.95
King Prawn Tikka Balti .....	£10.95
King Prawn Balti .....	£9.95
Prawn Balti .....	£7.95

## NEW BALTI DISHES

Served with nan

Chicken or Lamb Tikka Balti Massala .....	£8.95
Chicken or Lamb Tikka Balti Jalfrezi .....	£8.95
Chicken or Lamb Tikka Balti Dhansak .....	£8.95
Vegetable Tikka Balti Massala .....	£7.95

## CURRY DISHES

A sauce of medium consistency, a basic but wide range of oriental spices giving a rich flavour

Chicken or Lamb Curry .....	£5.95
Chicken or Lamb Tikka Curry .....	£6.95
Hash Curry (duck) .....	£8.95
King Prawn Curry .....	£7.95
Prawn Curry .....	£5.95
Vegetable Curry .....	£4.95
Keema Curry .....	£5.95

## BIRYANI DISHES

A Biryani is made by gently cooking with a special flavour of basmati rice, together with a mixture of mild spices served with a special veg curry sauce

Bekash Special Biryani .....	£10.95
Chicken or Lamb Biryani .....	£8.95
Chicken or Lamb Tikka Biryani .....	£10.95
Prawn Biryani .....	£9.95
King Prawn Biryani .....	£9.95
Chicken & Prawn Biryani .....	£9.95
Vegetable Biryani .....	£6.95

## MADRAS DISHES

A south Indian version of the dishes found in central and eastern India, having a greater proportion of garam spices, which lend a fiery taste to its richness

Chicken or Lamb Madras .....	£6.95
Chicken or Lamb Tikka Madras .....	£7.95
Prawn Madras .....	£6.95
King Prawn Madras .....	£8.95
Hash Madras (duck) .....	£9.95
Vegetable Madras .....	£5.95

## VINDALOO DISHES

Related to the madras but involving a greater use of garlic, tomato, ginger and black pepper. It owes its name and in part its contents to the early Portuguese settlers

Chicken or Lamb Vindaloo .....	£7.95
Chicken or Lamb Tikka Vindaloo .....	£8.95
Prawn Vindaloo .....	£7.95
King Prawn Vindaloo .....	£8.95
Hash Vindaloo (duck) .....	£9.95
Vegetable Vindaloo .....	£5.95

## TASTE OF PERSIA DHANSAK / PATHIA

Sweet & sour with a hint of citrus & chilli powder. Dhansak is cooked with lentil - pathia without, served with pilau rice

Chicken or Lamb Dhansak/Pathia .....	£9.95
Chicken or Lamb Tikka Dhansak/Pathia .....	£10.95
Prawn Dhansak/Pathia .....	£8.95
King Prawn Dhansak/Pathia .....	£10.95
Hash Dhansak/Pathia (duck) .....	£10.95
Vegetable Dhansak/Pathia .....	£7.95

## KORMA DISHES

A preparation of mild spices in which cream is used to create its delicacy of flavour and creamy texture

Chicken or Lamb Korma .....	£6.95
Chicken or Lamb Tikka Korma .....	£7.95
Prawn Korma .....	£6.95
King Prawn Korma .....	£8.95
Hash Korma (duck) .....	£9.95
Vegetable Korma .....	£5.95